

C U R R I C U L U M V I T A E

Personal Information

Name Dr. phil. Martin J. Tomasik
Date of birth December 2, 1977
Place of birth Wrocław, Poland
Citizenship German
Marital status Married, 3 children
Confession Roman-Catholic

Contact

Residence August-Bebel-Straße 22
 07743 Jena (Germany)
Office Center for Applied Developmental Science
 Semmelweisstraße 12, Room 202
 07743 Jena (Germany)
Phone +49 (3641) 945915
Telefax +49 (3641) 945052
Email martin.tomasik@uni-jena.de

Education

2004-2008 Dr. phil. in psychology at the Friedrich Schiller University
 Jena graded "summa cum laude"
1997-2004 Diploma in psychology (*Diplompsychologe*) at the Free
 University Berlin graded "very good"
1994-1997 Advanced Certificate of Secondary Education (*Abitur*) graded
 „very good“ (1.4) at the Sixth Form College for Business and
 Economics (*Wirtschaftsgymnasium*), Koblenz
1988-1994 General Certificate of Secondary Education (*Mittlere Reife*) at

the Karthause Grammar School, Koblenz

1985-1988 Primary School (*Grundschule*), Westerburg

1983-1985 Primary School (*szkoła podstawowa*), Wrocław

Academic Career

- 2010-present Research Associate at the Department for Developmental Psychology at the University of Jena and the Center for Applied Developmental Science: Research project "*Individual and Social Resources for Coping with Social Change*" funded as subproject of the Collaborative Research Center 580 (SFB 580) by the German Research Foundation (Prof. Dr. Rainer K. Silbereisen)
- 2008-2010 Postdoctoral Fellow in the International Postdoctoral Fellowship Programme for the Comparative Study of Productive Youth Development „*Mapping Pathways to Adulthood*“ funded by the Jacobs Foundation, Zürich (Prof. Dr. Rainer K. Silbereisen and Prof. Ingrid Schoon, PhD).
- 2004-2008 Research Associate at the Department for Developmental Psychology at the University of Jena and the Center for Applied Developmental Science: Research project "*Individual and Social Resources for Coping with Social Change*" funded as subproject of the Collaborative Research Center 580 (SFB 580) by the German Research Foundation (Prof. Dr. Rainer K. Silbereisen)
- 2001-2004 Teaching Assistant at the Department for Psychological Methods of the Institute for Psychology, Berlin Institute of Technology (Prof. Dr. Jürgen Bortz)
- 1999-2002 Research Assistant at the Max-Planck-Institute for Human Development, Berlin: Research project "*Developmental Regulation at the Transition from School to Work*" funded by the German Research Foundation (Jutta Heckhausen, PhD)

1999 Research internship at the University Clinics Benjamin Franklin, Berlin, in the research group „Psychological Gerontology“: Research project *“Aging and Experience of Life”* funded by the German Research Foundation (Prof. Dr. Margret Baltes und Dr. Frieder Lang)

Professional Activities

2009-2011 Elect member of the Board of the Jena Graduate Academy

2009 Member of the organisation committee of the international conference *„Transitions and Transformations: Trajectories of Social, Economic and Political Change after Communism“* (within the Collaborative Research Centre 580)

since 2008 Member of the Jena Graduate School *“Human Behaviour in Social and Economic Change”*

2008 Organization of the international expert workshop *“Social Change and Human Development: Concepts and Results”* in Würzburg (together with R. K. Silbereisen and C. M. Haase).

2007 Member of the local organising committee of the 13th European Conference on Developmental Psychology in Jena

2006-2007 Development of a prevention program for the promotion of work related life-skills in adolescents (together with K. Fabel and R. K. Silbereisen)

2003 Methodological consultant at the German Centre of Gerontology, Berlin, in the research projects *„Second Panel of the Aging Survey“* and *„Old age and autonomy: The role of service systems and intergenerational family solidarity“* (PI Prof. Dr. Clemens Tesch-Römer)

Journal Review Activities

Collegium Antropologicum

Developmental Psychology

International Journal of Behavioral Development

International Journal of Methods in Psychiatric Research

Journal of Adolescence

Journal of Youth and Adolescence

Motivation and Emotion

Personality and Individual Differences

Zeitschrift für Gesundheitspsychologie

Review Activities for Public and Private Science Foundations

Fundação para a Ciência e a Tecnologia (Portuguese National Foundation
for Science and Technology)

Jacobs Foundation

Honors and Awards

Deutscher Studienpreis/Anerkennungspreis der Körber Stiftung,
Hamburg (2009 German Study Prize/Recognition Award by the
Körber Foundation, Hamburg)

Professional Affiliations

Deutsche Gesellschaft für Psychologie (DGPs)

Society for the Study of Motivation

Journal Publications

- Tomasik, M. J.**, & Silbereisen, R. K. (in press). Social change and adolescent developmental tasks: The case of post-communist Europe. *Child Development Research*.
- Tomasik, M. J.**, & Silbereisen, R. K. (in press). Beneficial effects of disengagement from futile struggles with occupational planning. *Developmental Psychology*.
- Tomasik, M. J.**, Silbereisen, R. K., & Pinquart, M. (2010). Individuals negotiating demands of social and economic change: A control theoretical approach. *European Psychologist, 15*, 246-259.
- Silbereisen, R. K., & **Tomasik, M. J.** (2010). Human behaviour in response to social change: A guide for the special section. *European Psychologist, 15*, 243-245.
- Tomasik, M. J.**, Silbereisen, R. K., & Heckhausen, J. (2010). Is it adaptive to disengage from demands of social change? Adjustment to developmental barriers in opportunity-deprived regions. *Motivation and Emotion, 34*, 384-398.
- Schindler, I., & **Tomasik, M. J.** (2010). Life choices well made: How control strategies relate to partner and career decision processes. *Motivation and Emotion, 34*, 168-183.
- Silbereisen, R. K., & **Tomasik, M. J.** (2010). Development as action in changing contexts: Perspectives from six countries. *Historical Social Research, 35*, 57-75.
- Wurm, S., **Tomasik, M. J.**, & Tesch-Römer, C. (2010). On the importance of a positive view on aging for physical activity among older adults: Cross-sectional and longitudinal findings. *Psychology and Health, 25*, 25-42.
- Tomasik, M. J.**, & Silbereisen, R. K. (2009). Demands of social change as a function of the political context, institutional filters, and psychosocial resources. *Social Indicators Research, 94*, 13-28.
- Tomasik, M. J.**, Hardy, S. A., Haase, C. M., & Heckhausen, J. (2009). Adaptive adjustment of vocational aspirations among German youths during the transition from school to work. *Journal of Vocational Behavior, 74*, 38-46.

- Silbereisen, R. K., & **Tomasik, M. J.** (2008). Berlin - Warsaw - Jena: A journey with Glen H. Elder through sites of social change. *Research in Human Development, 5*, 244-258.
- Haase, C. M., & **Tomasik, M. J.**, & Silbereisen, R. K. (2008). Correlates of premature behavioural autonomy in late adolescence and young adulthood. *European Psychologist, 13*, 255-266.
- Tesch-Römer, C., Motel-Klingebiel, A., & **Tomasik, M. J.** (2008). Gender differences in subjective well-being: Comparing societies with respect to gender equality. *Social Indicators Research, 85*, 329-349.
- Wurm, S., **Tomasik, M. J.**, & Tesch-Römer, C. (2008). Serious health events and their impact on changes in subjective health: The role of age and a positive view on aging. *European Journal of Ageing, 5*, 117-127.
- Wurm, S., Tesch-Römer, C., & **Tomasik, M. J.** (2007). Longitudinal findings on aging-related cognitions, control beliefs, and health in later life. *The Journals of Gerontology Series B: Psychological Sciences and Social Sciences, 62*, P156-P164.
- Tomasik, M. J.**, & Heckhausen, J. (2006). Sozialprestige von Ausbildungsberufen aus der Sicht von Realschüler/-innen [Social prestige of occupations from the perspective of high school students]. *Zeitschrift für Sozialpsychologie, 37*, 259-273.
- Lüdtke, O., **Tomasik, M. J.**, & Lang, F. R. (2003). Teilnahmewahrscheinlichkeit und Stichprobenselektivität in altersvergleichenden Erhebungen [Participation rate and sample selectivity in age-comparative cross-sectional designs]. *Zeitschrift für Entwicklungspsychologie und Pädagogische Psychologie, 35*, 171-180.
- Heckhausen, J., & **Tomasik, M. J.** (2002). Get an apprenticeship before school is out: How German adolescents adjust vocational aspirations when getting close to a developmental deadline. *Journal of Vocational Behavior, 60*, 199-219.

Monographs, Book Chapters and Other Scientific Publications

- Tomasik, M. J.**, & Silbereisen, R. K. (2011). Adolescence and globalization. In B. B. Brown & M. Prinstein (Eds.), *Encyclopedia of adolescence* (Vol 2., pp. 109-118). San Diego, CA: Academic Press.
- Silbereisen, R. K., & **Tomasik, M. J.** (2011). Psychosocial functioning in the context of social, economic, and political change. In X. Chen & K. H. Rubin (Eds.), *Socioemotional development in cultural context* (pp. 305-331) New York: Guilford Press.
- Silbereisen, R. K., & **Tomasik, M. J.** (2011). *Mapping demands of social change* (LLAKES Research Paper No. 21). London: Institute of Education.
- Silbereisen, R. K., & **Tomasik, M. J.** (Eds.). (2010). Changing contexts - changing individuals: Psychological approaches to social, economic, and political change. [Special section]. *European Psychologist*, 15(4).
- Tomasik, M. J.** (2010). *Developmental barriers and the benefits of disengagement*. Berlin, Germany: Logos.
- Silbereisen, R. K., & **Tomasik, M. J.** (Eds.). (2010). Transitions - transformations: Trajectories of social, economic and political change after communism. Personality development and social change [Special section]. *Historical Social Research*, 35(2).
- Silbereisen, R. K., Piquart, M., & **Tomasik, M. J.** (2010). Demands of social change and psychosocial adjustment: Results from the Jena study. In R. K. Silbereisen & X. Chen (Eds.), *Social change and human development: Concepts and results* (pp. 125-147). London: Sage Publications.
- Silbereisen, R. K., **Tomasik, M. J.**, & Grümer, S. (2008). Soziodemographische und psychologische Korrelate des bürgerschaftlichen Engagements anfangs 2000 in Deutschland [Soziodemographic and psychological correlates of civic engagement in Germany at the beginning of the new millenium]. In R. K. Silbereisen & M. Piquart (Hrsg.), *Individuum und sozialer Wandel: Eine Studie zu Anforderungen, psychosozialen Ressourcen und individueller Bewältigung* (S. 197-227). Weinheim: Juventa.

Tomasik, M. J. (2008). *Developmental barriers and the benefits of disengagement*. Unpublished dissertation thesis, Friedrich-Schiller-Universität, Jena.

Tomasik, M. J., & Pinguart, M. (2008). Adaptiver Umgang mit Anforderungen des sozialen Wandels [Adaptive coping with demands of social change]. In R. K. Silbereisen & M. Pinguart (Hrsg.), *Individuum und sozialer Wandel: Eine Studie zu Anforderungen, psychosozialen Ressourcen und individueller Bewältigung* (S. 99-125). Weinheim: Juventa.

Tomasik, M. J., & Silbereisen, R. K. (2008). Anforderungen des sozialen Wandels: Verteilung, Kumulation und psychosoziale Effekte [Demands of social change: Distribution, cumulation, and psychosocial effects]. In R. K. Silbereisen & M. Pinguart (Hrsg.), *Individuum und sozialer Wandel: Eine Studie zu Anforderungen, psychosozialen Ressourcen und individueller Bewältigung* (S. 55-98). Weinheim: Juventa.

Silbereisen, R. K., Pinguart, M., Reitzle, M., **Tomasik, M. J.,** Fabel, K., & Grümer, S. (2006). *Psychosocial resources and coping with social change* (SFB 580 Mitteilungen, Heft 19). Jena: Sonderforschungsbereich 580. Gesellschaftliche Entwicklungen nach dem Systemumbruch. Diskontinuität, Tradition und Strukturbildung.

Tomasik, M. J. (2003). *Adjusting goal aspirations when getting close to a developmental deadline: The role of primary and secondary control*. Unpublished diploma thesis, Freie Universität, Berlin.

Conference Presentations and Talks

Tomasik, M. J., & Silbereisen, R. K. (2011, July). *Individuals negotiating demands of active ageing: Longitudinal findings from Germany*. Paper presented at the 12th European Congress of Psychology, Istanbul, Turkey.

Silbereisen, R. K., & **Tomasik, M. J.** (2011, April). *Adapting to new challenges of political transformation and globalization: The role of engagement and context*. Paper presented at the Jacobs Marbach Conference „Adolescence: Exploration and self-regulation of the unknown“, Marbach Castle, Germany.

Tomasik, M. J., & Silbereisen, R. K. (2010, November). *Demands of social change in different niches and regions of Germany*. Paper presented at the Polish Academy of Sciences International Scientific Meeting „From the Totalitarianism towards Democracy in Central-Eastern Europe: Contributions of Political Psychology to Understanding of the Transformation Process in the Region“, Warszawa, Poland.

Silbereisen, R. K., **Tomasik, M. J., & Grümer, S.** (2010, June). *Economic pressure and well-being in young and old German adults*. Paper presented at the workshop „Youth and the Great Recession“ of the Deutsches Jugendinstitut, München, Germany.

Salmela-Aro, K., & **Tomasik, M. J.** (2010, May). *Knowing when to let go at the entrance to university: Beneficial effects of compensatory secondary control after failure*. Paper presented at the 3rd Annual Meeting of the Society for the Study of Motivation, Boston, MA.

Tomasik, M. J., & Silbereisen, R. K. (2010, May). *Individuals negotiating demands of social change: A control theoretical approach*. Presentation at the Third Meeting of the Mapping Pathways to Adulthood Group at the Helsinki Collegium for Advanced Studies, Helsinki, Finland.

Tomasik, M. J., & Salmela-Aro, K. (2009, December). *Knowing when to let go... Beneficial effects of compensatory secondary control after failure*. Presentation at the Second Meeting of the Mapping Pathways to Adulthood Group at the Institute of Education, London, United Kingdom.

Tomasik, M. J., & Silbereisen, R. K. (2009, August). *Cross-sectional and longitudinal findings on the benefits of secondary control striving in times of social change*. Poster presented at the XIV European Conference on Developmental Psychology, Vlinius, Lithuania.

Tomasik, M. J., & Silbereisen, R. K. (2009, July). *Longitudinal findings on the benefits of disengagement from unattainable demands in times of social change*. Poster presented at the 11th European Conference of Psychology, Oslo, Norway.

Tomasik, M. J. (2009, June). *Individuelle und gesellschaftliche Chancen des Scheiterns* [Individual and societal chances of failing]. Präsentation in der Abschlußrunde des Wettbewerbs für den Deutschen Studienpreis der Körberstiftung im Wissenschaftszentrum Berlin für Sozialforschung, Berlin.

Tomasik, M. J. (2009, June). *Developmental barriers and the benefits of disengagement*. Presentation at the First Meeting of the Mapping Pathways to Adulthood Group at the Institute of Education, London, United Kingdom.

Blumenthal, A., & **Tomasik, M. J.** (2008, October). *Facilitating the school-to-work transition by means of a skills promoting intervention program: Results from a first process evaluation*. Poster presented at the 11th International Institute on Developmental Science at the Friedrich Schiller University, Jena, Germany.

Schindler, I., & **Tomasik, M. J.** (2008, October). *Life choices well made: How control strategies relate to career and partner decision processes*. Poster presented at the 11th International Institute on Developmental Science at the Friedrich Schiller University, Jena, Germany.

Tomasik, M. J., Silbereisen, R. K., & Heckhausen, J. (2008, July). *Adaptive disengagement from unattainable demands in adulthood: The concept of developmental barriers*. Poster presented at the 29th International Congress of Psychology, Berlin, Germany.

- Silbereisen, R. K., Piquart, M. & **Tomasik, M. J.** (2008, July). *Demands of social change and psychosocial adjustment: Results from the Jena study*. Paper presented at the International Workshop "Social Change and Individual Development: Concepts and Results", Würzburg, Germany.
- Tomasik, M. J.**, Silbereisen, R. K., & Heckhausen, J. (2008, July). *Developmental barriers and the benefits of disengagement*. Paper presented at the International Workshop "Social Change and Individual Development: Concepts and Results", Würzburg, Germany.
- Tomasik, M. J.**, Grümer, S., & Silbereisen, R. K. (2008, July). *Psychosocial correlates of civic engagement: Cross-sectional and longitudinal findings*. Presentation at the symposium "Social Change, Psychosocial Resources and Individual Responses" during the 20th Biennial Meeting of the International Society for the Study of Behavioural Development, Würzburg, Germany.
- Tomasik, M. J.**, & Piquart, M. (2008, July). *Coping with social change: Adaptive and maladaptive responses to demands in work and family life*. Presentation at the symposium "Social Change, Psychosocial Resources and Individual Responses" during the 20th Biennial Meeting of the International Society for the Study of Behavioural Development, Würzburg, Germany.
- Blumenthal, A., & **Tomasik, M. J.** (2008, May). *Facilitating the school-to-work transition: A formative and process evaluation of a skills promoting intervention program*. Presentation at the invited symposium "Coping with Demands of Social and Economic Change" during the 11th Conference of the European Association for the Research on Adolescence, Turino, Italy.
- Haase, C. M., **Tomasik, M. J.**, & Silbereisen, R. K. (2008, May). *Correlates of premature behavioral autonomy in late adolescence and young adulthood*. Presentation at the invited symposium "Coping with Demands of Social and Economic Change" during the 11th Conference of the European Association for the Research on Adolescence, Turino, Italy.

Hardy, S. A., **Tomasik, M. J.**, Haase, C. M., & Heckhausen, J. (2008, March). *Developmental regulation of vocational aspirations: A latent growth curve analysis of the transition from school to work*. Poster presentation at the Biennial Meeting of the Society for Research on Adolescence, Chicago, IL.

Tomasik, M. J., Grümer, S. & Silbereisen, R. K. (2007, September). *Soziodemographische und psychosoziale Korrelate des bürgerschaftlichen Engagements in Deutschland* [Sociodemographic and psychosocial correlates of civic engagement in Germany]. Vortrag auf der 18. Tagung der Fachgruppe Entwicklungspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Heidelberg.

Tomasik, M. J., & Pinguart, M. (2007, September). *Problemorientierte und problemdistanzierende Bewältigung von Anforderungen des sozialen Wandels* [Coping with demands of social change by problem orientation and problem distancing]. Vortrag auf der 18. Tagung der Fachgruppe Entwicklungspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Heidelberg.

Silbereisen, R. K., **Tomasik, M. J.**, & Grümer, S. (2007, August). *Sociodemographic and psychological correlates of civic engagement under the conditions of rapid social change*. Poster participating the Invited Poster Symposium "Psychosocial Resources and Coping with Social Change - Developmental Psychological Research from the Collaborative Research Center SFB 580 of the German National Science Foundation" at the 13th European Conference on Developmental Psychology, Jena.

Tomasik, M. J., & Pinguart, M. (2007, August). *Measuring coping with demands of social change*. Poster participating the Invited Poster Symposium "Psychosocial Resources and Coping with Social Change - Developmental Psychological Research from the Collaborative Research Center SFB 580 of the German National Science Foundation" at the 13th European Conference on Developmental Psychology, Jena.

- Tomasik, M. J., & Silbereisen, R. K.** (2007, August). *Demands of social change: Prevalence, accumulation, and correlation with subjective well-being*. Poster participating the Invited Poster Symposium "Psychosocial Resources and Coping with Social Change - Developmental Psychological Research from the Collaborative Research Center SFB 580 of the German National Science Foundation" at the 13th European Conference on Developmental Psychology, Jena.
- Tomasik, M. J.** (2006, Dezember). *Grenzen des Kontrollpotenzials? Befunde zum Disengagement unter ungünstigen ökologischen Bedingungen* [Control potential at its limits? Results on disengagement under unfavorable ecological conditions]. Vortrag auf dem Workshop des Center for Applied Developmental Science (CADS) „Entwicklungsregulation im Lebenslauf: Anwendungen des OPS-Modells“, Jena.
- Fabel, K., Körner, A., **Tomasik, M. J.**, & Silbereisen, R. K. (2006, September). *Unterschiede in der Betroffenheit durch sozialen Wandel bei jungen und mittelalten Erwachsenen* [Differences in being affected by social change in young and middle-aged adults]. Posterpräsentation auf dem 45. Kongress der Deutschen Gesellschaft für Psychologie, Nürnberg.
- Tomasik, M. J., & Pinquart, M.** (2006, September). *Kontrollstrategien zum Umgang mit sozialem Wandel* [Control strategies for coping with social change]. Posterpräsentation auf dem 45. Kongress der Deutschen Gesellschaft für Psychologie, Nürnberg.
- Wurm, S., **Tomasik, M. J.**, & Tesch-Römer, C. (2006, September). *Der protektive Effekt einer positiven Sicht auf das Älterwerden* [The protective effect of a positive view on aging]. Vortrag auf dem 45. Kongress der Deutschen Gesellschaft für Psychologie, Nürnberg.
- Wurm, S. & **Tomasik, M. J.**, & Tesch-Römer, C. (2006, August). *On the importance of a positive view on aging for physical activity among older adults*. Paper presented at 20th European Health Psychology Conference "Social Change and New Challenges for Health Psychology", Warszawa, Poland.

Silbereisen, R. K., Haase, C. M., & **Tomasik, M. J.** (2006, July). *Short-term and long-term correlates of premature behavioral autonomy*. Paper presented at the 19th Biennial Meeting of the International Society for the Study of Behavioural Development, Melbourne, Australia.

Tomasik, M. J. (2006, June). *Developmental barriers and disengagement from unattainable goals*. Poster presented at the 9th International Institute on Developmental Science at the Pennsylvania State University "Contexts for Plasticity in Development", University Park, PA.

Tesch-Römer, C., Motel-Klingebiel, A., von Kondratowitz, H.-J., & **Tomasik, M. J.** (2005, September). *Geschlechtsunterschiede im subjektiven Wohlbefinden: Vergleiche zwischen europäischen Ländern* [Gender differences in subjective well-being: Comparisons between European countries]. Vortrag auf der 17. Tagung der Fachgruppe Entwicklungspsychologie der Deutschen Gesellschaft für Psychologie (DPGs), Bochum.

Wurm, S., & **Tomasik, M. J.** (2005, September). *Der Einfluss altersbezogener Kognitionen auf das Gesundheitsverhalten im Alter* [The influence of age-related cognitions on health behavior in age]. Vortrag auf dem 7. Kongress für Gesundheitspsychologie „Lebensstiländerungen in Prävention und Rehabilitation“ der Fachgruppe Gesundheitspsychologie der Deutschen Gesellschaft für Psychologie (DGPs), Freiburg.

Silbereisen, R. K., Pinguart, M., Reitzle, M., **Tomasik, M. J.**, Fabel, K., & Grümer, S. (2005, June). *Psychosocial resources and coping with social change*. Paper presented at the Center for Applied Developmental Science (CADS) Expert Workshop "Agency and Human Development under Conditions of Social Change", Dornburg.

- Silbereisen, R. K. & **Tomasik, M. J.** (2005, Februar). *Individuelle und soziale Ressourcen zur Bewältigung des sozialen Wandels: Entwicklung und psychosoziale Effekte* [Individual and social resources for coping with social change: Development and psychosocial effects]. Vortrag auf dem Colloquium des Sonderforschungsbereichs 580 "Gesellschaftliche Entwicklungen nach dem Systemumbruch: Diskontinuität, Tradition, Strukturbildung", Jena.
- Tesch-Römer, C., Motel-Klingebiel, A., von Kondratowitz, H.-J., & **Tomasik, M. J.** (2004, September). *Wohlbefinden von Frauen und Männern im Gesellschaftsvergleich* [Well-being of men and women from a comparative perspective]. Vortrag auf dem 44. Kongress der Deutschen Gesellschaft für Psychologie, Göttingen.
- Wurm, S., & **Tomasik, M. J.** (2004, June). *The effects of age-related cognitions and perceived control on physical complaints and health behavior in middle and old age*. Poster presented at the 18th Conference of the European Health Psychology Society, Helsinki, Finland.
- Tesch-Römer, C., Motel-Klingebiel, A., von Kondratowitz, H.-J., & **Tomasik, M. J.** (2003, November). *Welfare state, gender, and age: Country-specific gender differences in health and well-being*. Paper presented at the 56th Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA.
- Wurm, S., Tesch-Römer, C., & **Tomasik, M. J.** (2003, November). *The effects of perceived control and age-related cognitions on health in middle and old age*. Paper presented at the 56th Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA.
- Heckhausen, J., Nagy, G., **Tomasik, M. J.**, Haase, C. M., & Köller, O. (2002, June). *Motivation and control in the transition from school to work*. Presentation at the 14th Annual Convention of the American Psychological Society, New Orleans, LA.
- Heckhausen, J., & **Tomasik, M. J.** (2001, April). *German adolescents' vocational aspirations in the transition from school to work*. Paper presented at the 64th Meeting of the Society in Research for Child Development, Minneapolis, MI.

Teaching

Tomasik, M. J. (Seminar, 2 SWS, Master of Science, 4/2011-9/2011).

Methoden zur Prävention und Behandlung von Entwicklungsstörungen [Methods for prevention and therapy of developmental disorders]. Lehrstuhl für Entwicklungspsychologie am Institut für Psychologie, Friedrich-Schiller-Universität Jena.

Tomasik, M. J., & Blumenthal, A. (Projektarbeit, 2 SWS, Master of Science, 4/2011-9/2011). *Prävention problematischer Substanzgebrauchs durch die altersgerechte Förderung von Lebenskompetenzen* [Prevention of problematic substance use by age-appropriate promotion of life skills]. Lehrstuhl für Entwicklungspsychologie am Institut für Psychologie, Friedrich-Schiller-Universität Jena.

Tomasik, M. J. (Seminar, 2 SWS, Bachelor of Arts, 10/2010-3/2011). *Sozioemotionale und motivationale Entwicklung* [Socioemotional and motivational development]. Lehrstuhl für Entwicklungspsychologie am Institut für Psychologie, Friedrich-Schiller-Universität Jena.

Tomasik, M. J. (Seminar, 2 SWS, Bachelor of Science, 10/2010-3/2011). *Jugendtypisches Problemverhalten* [Problem behaviour in adolescence]. Lehrstuhl für Entwicklungspsychologie am Institut für Psychologie, Friedrich-Schiller-Universität Jena.

Tomasik, M. J. (Seminar, 2 SWS, Bachelor of Arts, 10/2010-3/2011). *Jugendtypisches Problemverhalten* [Problem behaviour in adolescence]. Lehrstuhl für Entwicklungspsychologie am Institut für Psychologie, Friedrich-Schiller-Universität Jena.

Tomasik, M. J., & Körner, A. (Empirisches Forschungsseminar, 4 SWS, Bachelor of Science, 10/2009-09/2010). *Arbeitslos in Zeiten der Wirtschaftskrise: Welche Rolle spielen personale Ressourcen und Bewältigung?* [Unemployed in times of the economic crisis: Which role do personal resources and coping play?]. Lehrstuhl für Entwicklungspsychologie am Institut für Psychologie, Friedrich-Schiller-Universität Jena.

Silbereisen, R. K., & **Tomasik, M. J.** (Seminar, 2 SWS, Bachelor of Science, 4/2009-9/2009). *Peerbeziehungen über die Lebensspanne* [Peer relations across the life-span]. Lehrstuhl für Entwicklungspsychologie am Institut für Psychologie, Friedrich-Schiller-Universität Jena.

Tomasik, M. J., & Blumenthal., A. (Empirisches Forschungsseminar, 4 SWS, Bachelor of Science, 10/2008-7/2009). *Altern im 21. Jahrhundert: Neue Anforderungen im späten Erwachsenenalter* [Aging in the 21st century: New demands in late adulthood]. Lehrstuhl für Entwicklungspsychologie am Institut für Psychologie, Friedrich-Schiller-Universität Jena.

Silbereisen, R. K., & **Tomasik, M. J.** (Seminar, 2 SWS, Hauptstudium, 4/2008-9/2008). *Human development in times of social change*. Lehrstuhl für Entwicklungspsychologie am Institut für Psychologie, Friedrich-Schiller-Universität Jena.

Silbereisen, R. K., & **Tomasik, M. J.** (Seminar, 2 SWS, Bachelor of Science, 4/2008-9/2008). *Peerbeziehungen über die Lebensspanne* [Peer relations across the life-span]. Lehrstuhl für Entwicklungspsychologie am Institut für Psychologie, Friedrich-Schiller-Universität Jena.

Silbereisen, R. K., **Tomasik, M. J.**, & Fabel, K. (Studienprojekt, 4 SWS, Hauptstudium, 10/2006-9/2007). *Promotion of work-related personal initiative in disadvantaged adolescents*. Lehrstuhl für Entwicklungspsychologie am Institut für Psychologie, Friedrich-Schiller-Universität Jena.

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